



HEALTHY GOURMET

MIAMI



FAMILY MEALS

FAMILY MEALS

Perfect for casual family gatherings or to share with the team at the office.
Starting at \$22 per guest (salad + entree).
Prices based on 20+ guests.
Upgrades: Each additional entree + \$ 17/pp - Add dessert \$ 8.00



FAMILY SALADS

- CRANBERRY AND PECANS GREEN SALAD**
with fig and basil balsamic vinaigrette.
- CAESAR SALAD WITH CRISPY ONIONS**
parmesan and garlic croutons.
- QUINOA TABBOULEH**
with lemon za'atar honey dressing.
- LENTIL / GARBANZO DETOX SALAD**
with dill lemon dressing.
- ARUGULA ROQUETTE WITH BALSAMIC APPLES**
goat cheese and caramelized walnuts.
- TRICOLOR QUINOA CHOP SALAD**
with avocado and pico de gallo.
- CRISPY ASIAN CABBAGE SALAD**
with roasted cashews and mandarin ginger dressing.
- MACARONI CHICKEN PASTA SALAD**
with homemade buttermilk ranch and garden veggies.
- RUSSIAN POTATO SALAD**
with beets and garlic aioli.

FAMILY DESSERT

- HOMEMADE CHOCOLATE CHIP COOKIES**
- HOMEMADE PEANUT BUTTER / ALMOND BUTTER COOKIES**
- CHOCOLATE MOLTEN CAKE**
- TRES LECHES CAKE**
- COCONUT FLAN**
- ZUCCHINI CHOCOLATE BROWNIE**
- FRESH FRUIT MINI TART**
- CHOCOLATE ECLAIRS**
- TIRAMISU BAR**
- CHOCOLATE MOUSSE CRUNCH BAR**
- OPERA CAKE BAR**
- ASSORTED MACAROONS**
- ASSORTED MINI CHEESECAKES**
- ASSORTED FRUIT KABOBS**

FAMILY ENTREES

- QUINOA FRIED RICE**
with grilled bourbon chicken and snow peas.
- CURRY CHICKEN KABOBS AND TOASTED CASHEWS**
over coconut jasmine rice and broccoli.
- MONGOLIAN BEEF AND SUGAR SNAP PEAS**
on steamed sesame white rice.
- BEEF AND RICOTTA LASAGNA**
with San Marzano tomatoes and basil.
- ROASTED PULLED PORK CARNITAS**
with rice and beans.
- HONEY LEMON BUTTER CHICKEN**
with corn and spinach couscous.
- PEANUT BUTTER PORK RICE NOODLES**
with napa cabbage and carrots.
- SHRIMP SCAMPI**
over lemon herb butter linguine.
- PERUVIAN LOMO SALTADO**
with rice and roasted potato wedges.
- PERUVIAN AJI DE GALLINA**
with rice and steamed potatoes.
- PERUVIAN CILANTRO RICE**
with roasted chicken and salsa criolla.
- PERUVIAN CHICKEN ANTICUCHOS**
with roasted potatoes and jumbo corn.
- PERUVIAN PAPA RELLENA**
with jumbo corn white rice and salsa criolla.